



Ran Kirby Sports Fitness LLC
www.rankirbysportsfitness.com
rankirbysf@gmail.com
804 317-9842

Client Name: _____
Date: _____

Training Contract

I _____ agree to the following terms and conditions of Ran Kirby Sports Fitness.

- 1. Fees**
 - a. Payment of fees for personal training/group fitness/private lessons will be due prior to the beginning of sessions unless payment options are arranged.
- 2. Scheduling**
 - a. Sessions are to be booked by appointment only. Walk-ins for group sessions are at my discretion. Appointments can be made in person, email, text, or phone call.
- 3. Tardiness**
 - a. Showing up more than fifteen minutes late to a session without notifying me will result in cancelled or shortened session. Fees will still be due and payable.
- 4. Cancellations**
 - a. Cancellations must be made at least 24 hours prior to the training session. Early morning training sessions must be cancelled by noon the day before. If you fail to contact me fees are still due for the missed session.

Date _____ **Client** _____
Name _____
(if under 18, Signature of Parent or Guardian)

Trainer Signature

Client Signature or Parent or Guardian